

## The Cross of Forgiveness (Example)

The offender

You

1. Clarify the offense.

2. Identify any sinful reactions  
(For example, bitterness, resentment,  
hatred, avoidance, revenge, critical-  
ness, gossip, keeping a record of  
wrongs, etc.)

3. Confess to God all sinful reactions.

4. Forgive every offense

" \_\_\_\_\_, I forgive you for  
\_\_\_\_\_. "  
(Name)  
(How they hurt/offended you)

" \_\_\_\_\_, I choose this day to no longer  
live in reaction to that which you have said and/  
or done against me"

" \_\_\_\_\_, I release you from the prison of  
my unforgiveness. Even as I have been  
forgiven, so also in Jesus' name I forgive you."

5. Bless the offender (Romans 12:14)

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